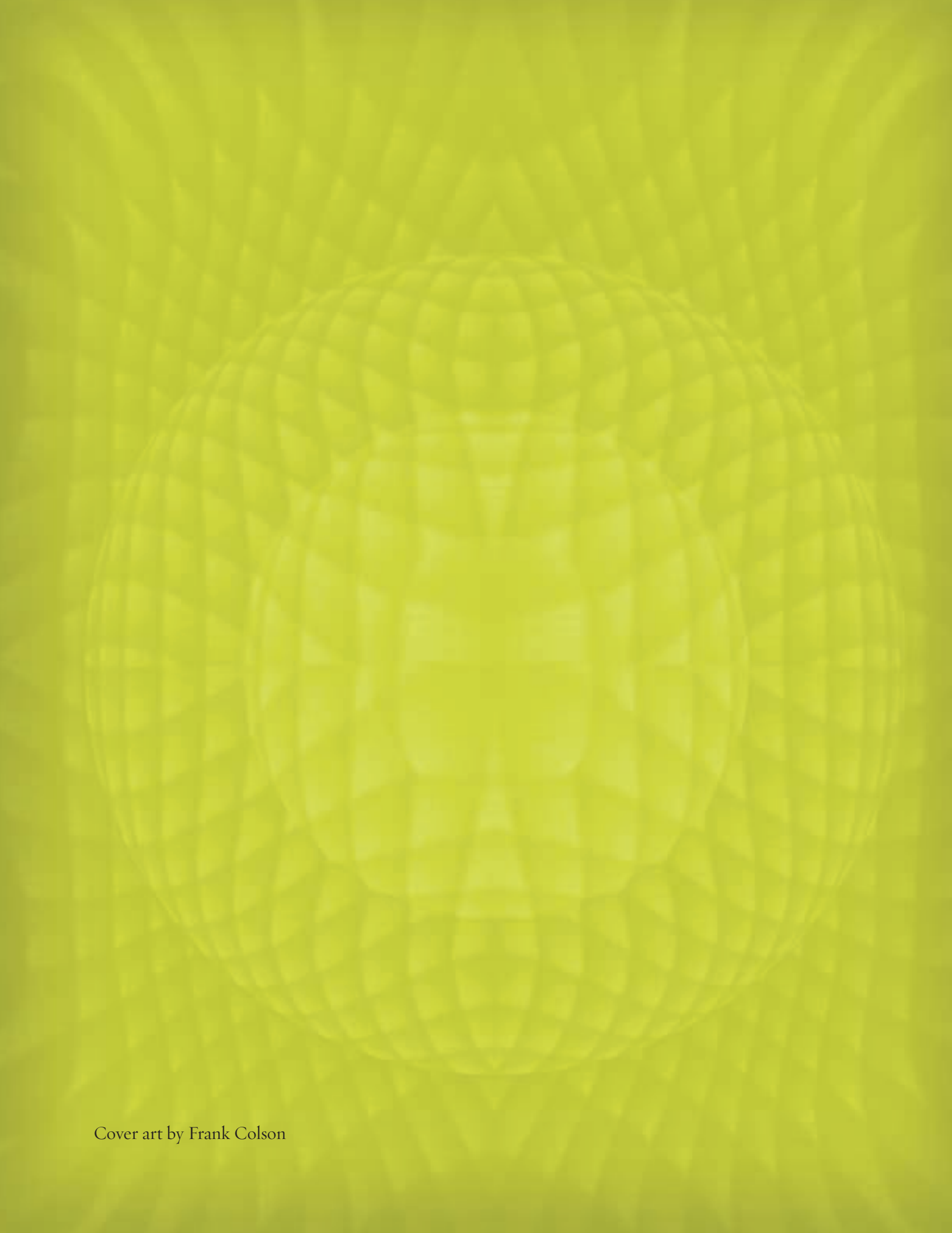




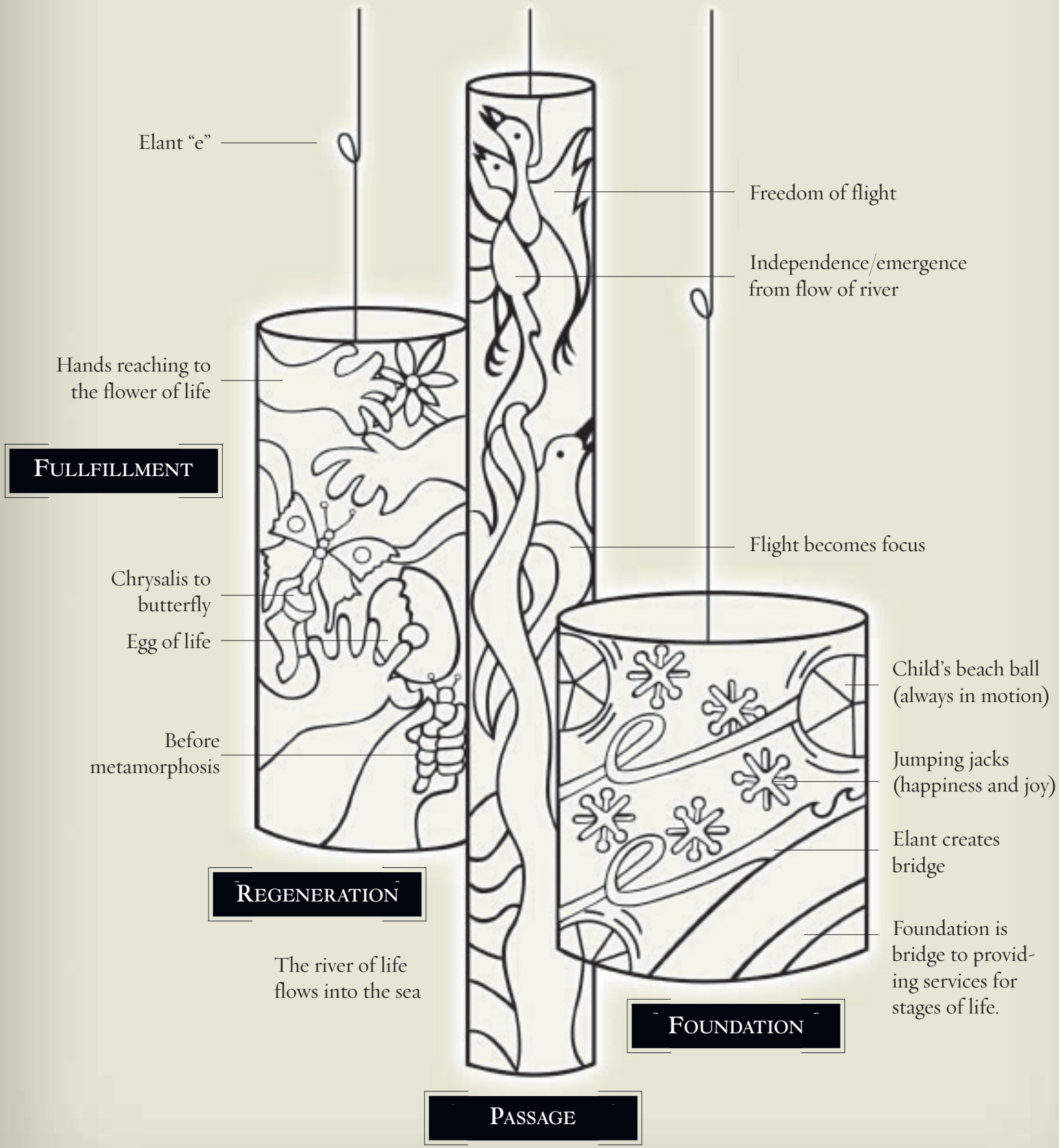
LIFE IN BALANCE

 ELANT  
health and housing solutions



Cover art by Frank Colson

# ILLUMINATION







Elant is a living system of services, changing and growing to meet the needs of the people it serves. In providing high quality care and lifestyle options to persons of diverse generations, cultures, and needs—with a special emphasis on the elderly—Elant emphasizes personalized service and compassionate respect for the whole person. Since it was founded in 1985 as a community-based, not-for-profit organization, Elant has become a comprehensive system offering a full range of health and housing services. Elant will continue to evolve as the needs of the people it serves change.

A decorative banner with a black background and white text. The banner is framed by ornate, white, scroll-like flourishes on both ends. The text "OUR CORE SERVICES..." is centered in a white, serif font.

## OUR CORE SERVICES...





## COMMUNITY HEALTH SERVICES

# REACHING OUT WITH A HELPING HAND

Sustain ❁ Support ❁ Provide

Accessing a managed long-term care program allows people 21 and older to take advantage of health and social services at home, in a skilled nursing center or at an Elant Choice center. The Elant Choice program provides a range of services from delivered meals and nutritional counseling to medical equipment and supplies. We also offer personal care, home health aides and skilled nursing in the home through our licensed home health agency.

Companion and support services for those who need non-medical assistance in the home are available through our Elant at Home program.





## ADULT DAY SERVICES

### CARE WHEN IT'S NEEDED

Foster ✦ Encourage ✦ Enhance

Sometimes a family needs help but wants their loved one to remain in their home. Elant's adult day services provide quality daytime care for individuals who need a higher level of assistance, including nursing, social services and rehabilitative services. Physical and recreational activities as well as transportation and meals are also included in the program.





## RETIREMENT COMMUNITY LIVING

# MAKING LIFE NEW AGAIN

Revitalize ✿ Rejuvenate ✿ Flourish

Self-sufficient seniors 62 and older will find a perfect combination at Elant—*independence with the assurance of quality health care if it is ever needed. Elegant apartment homes with fully equipped kitchens, bi-weekly housekeeping, weekly linen service, on-call maintenance and restaurant style dining mean residents are free to enjoy their time as they choose. With a library, indoor pool, fitness center, billiards room and arts and crafts studio to visit and a variety of social, intellectual and recreational activities scheduled, the term *retirement* takes on a new meaning.*

At Glen Arden, Elant's continuing care retirement community, we offer enriched housing suites that offer a satisfying lifestyle and supportive services for residents who need some assistance to manage comfortably on their own. Skilled nursing care is also available in the community's health care center."





## REHABILITATION

# A STEPPING STONE BACK INTO LIFE

Strengthen ✦ Restore ✦ Return

Whether the challenge is recovery from illness, from injury or from surgery, Elant offers a full spectrum of high quality therapeutic services that can be totally customized to meet your individual needs. We want to return you to your family, your community and your life as quickly as possible.





## ADULT HOME LIVING

You could not step twice into  
the same river, for other waters  
are ever flowing on to you.

(Heraclitus)

Refresh ✦ Renew ✦ Replenish

{ When a loved one needs some assistance with daily activities but is still independent enough to resist loss of privacy and dignity, Elant's adult home living program provides a gracious, caring home. Residents who choose to make their home at Elant actually enhance their independence when they receive needed assistance, allowing them to focus on their quality of life. }





## NURSING HOME CARE

# BRINGING LIFE BACK INTO FOCUS

Pure ✿ Precise ✿ Specific

{ When a loved one requires a high level of care and can no longer live at home, Elant's nursing home programs provide a variety of medical, clinical, social, and psychological services. Comfortable living arrangements and a skilled, caring, highly trained staff make a difficult transition as gentle as possible. }





## CHILDREN'S SERVICES

### YOUNG SPIRITS EMERGING

Nourish ✦ Nurture ✦ Thrive

Elant's children's programs provide the opportunity for the joy of multi-generational interaction as well as quality childcare. Along with nationally accredited daycare for infants, toddlers and preschoolers, Elant offers a Kids' Club Summer Day Camp for older children, with sports, games, swimming, music, arts and crafts, field trips, meals and much more.





## ELANT FOUNDATION

# A BRIDGE TO THE FUTURE

Root ❖ Source ❖ Keystone

{ The Elant Foundation helps make possible the high level of health and housing services the Elant system offers to older adults, children and chronically ill of all ages. The Foundation works with corporations, private and public foundations, private individuals and bequests to accrue the financial resources that enable our dedicated staff to enhance the quality of life for those we serve. }

A decorative banner with a black background and white border, featuring ornate scrollwork at both ends. The word "ELANT" is written in white, serif, all-caps font in the center.

## ELANT

How far you go in life depends on your being tender with the young, compassionate with the aged, sympathetic with the striving and tolerant of the weak and the strong—because someday in your life you will have been all of these.

(George Washington Carver)





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